### January 14, 2024 – Week #2 Milton Campus – Pastor Branden Mestach



Soul

Mark 8:34-38 Psalm 42:1-5

### A. What is the **Soul?**

"What good is it for someone to gain the whole world, yet forfeit their soul? Or what can anyone give in exchange for their soul?" Mark 8:36-37 (NIV)

- 1. You are more than yourself. You are a <u>soul</u>.
  - a. Your <u>outer</u> self is the piece of you that people see and experience.
  - b. Your <u>inner</u> self is the piece of you that only you see and experience.
- 2. Your soul is the most <u>superior</u> part of you.
  - a. Everything else <u>fades</u>.

"For we brought nothing into the world, and we can take nothing out of it." I Timothy 6:7 (NIV)

b. The human soul is more <u>valuable</u> than the whole world.

"What good will it be for someone to gain the whole world, yet forfeit their soul? Or what can anyone give in exchange for their soul?" Matthew 16:26 (NIV)

"Your soul connects your thoughts, your sensations, your emotions, your will, and integrates them into an entire being." John Ortberg in, *Soul Keeping* 

A definition of the soul: Our soul is the forever part of us that is integrated into all of us—heart, mind, body—upon conception.

## B. The <u>Integrated</u> Soul vs. A Disintegrated Soul.

"Then He called the crowd to Him along with His disciples and said: 'Whoever wants to be My disciple must deny themselves and take up their cross and follow Me. For whoever wants to save their life will lose it, but whoever loses their life for Me and for the gospel will save it.'"

Mark 3:34-35 (NIV)

- 1. A disintegrated soul is a <u>lost</u> soul.
  - a. A disintegrated soul is like a car without a steering wheel.
  - b. A disintegrated soul <u>trusts</u> the outside world to heal the internal world.
- 2. An integrated soul is a <u>found</u> soul.
  - a. An integrated soul knows that the health of the soul is <u>untouched</u> by the health of the body.
  - b. An integrated soul causes us to live in a worthy way of <u>loving</u> others as ourselves.

"And the second is like it: 'Love your neighbor as yourself.'" Matthew 22:39 (NIV)

# C. A Healthy Soul Leads Us to Being Unashamed of the Gospel.

"If anyone is ashamed of Me and My words in this adulterous and sinful generation, the Son of Man will be ashamed of them when He comes in His Father's glory with the holy angels." Mark 8:38 (NIV)

- 1. We are ashamed of Christ when we deny Him by our words, acts, or silence.
- 2. The Son of Man is Christ, the Messiah, the Judge.
- 3. Judgement is coming soon.

What is the diagnosis of your soul?

#### **Bottom Line:**

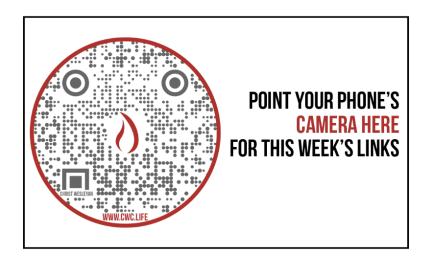
"You're a soul made by God, made for God, and made to need God." Dallas Willard

To begin a relationship with Jesus... Text: IChooseJesus *(all one word)* to 570-273-0088 Next Sunday:

Wholly Health: God-Focused Living
With Every Part of Us

Week 3: The Mind (Rest)

Milton Campus: Pastor Branden Mestach Sunbury Campus: Pastor Mike Sweigard



**Giving & Attendance Update** 

Giving last Sunday: 116.2% of goal Giving year to date: 84.6% of goal Attendance last Sunday: 1,651

Salvations to date: 97 | Baptisms to date: 110

### **Upcoming Happenings:**

January 20<sup>th</sup> - Classics Bus Trip: Hockey Night with the

Hershey Bears

January 20<sup>th</sup> – Family Life Date Night – 6p

January 21st – Women's Ministry Movie Night – 2p

January 28<sup>th</sup> – CWC Kidz Volunteer Training –12:30p

February 11<sup>th</sup> – Child Dedications

### Notetakers are History Makers