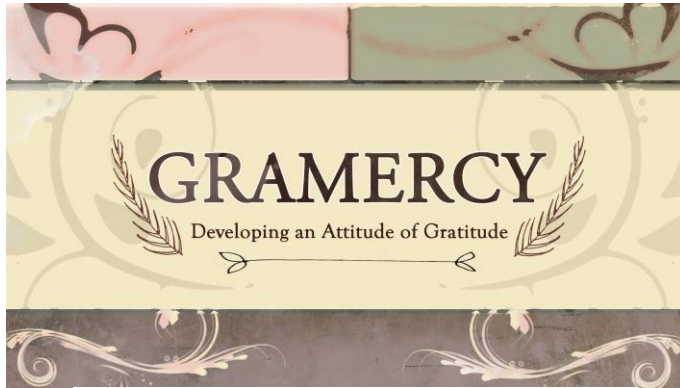


# Gramercy:

“Thankful for...”

Part 2



*“Don’t worry about anything; instead, pray about everything. Tell God what you need, and thank Him ...for... all He has done.” Philippians 4:6*

## A. “Thankful for” makes a difference...

*“...and thank Him for all He has done.”*

1. “Thankful for” is a humbling reminder as we are receiving something we do not deserve but is a gift!
2. “Thankful for” is a humbling reminder as we are recognizing Who gives these undeserved gifts.
3. “Thankful for” is a humbling reminder as we are recognizing where the gift came from by faith.
4. “Thankful for” is a humbling reminder as we are not in control of when they are given.

## B. “Thankful for” doesn’t change...

*“And let the peace that comes from Christ rule in your hearts. For as members of one body you are called to live in peace. And always be thankful.” Colossians 3:15*

1. “Thankful for” doesn’t change the things in your life.
2. “Thankful for” doesn’t change the circumstances in your life.
3. “Thankful for” doesn’t change the people in your life.
4. “Thankful for” changes me! It brings me peace!

## C. “Thankful for” is a reminder...

1. “Thankful for” is a remembrance exercise.  
*“Let all that I am praise the LORD; may I never forget the good things he does for me.” Psalm 103:2*
2. “Thankful for” is a refocus exercise.  
*“Remember the wonders he has performed, his miracles, and the rulings he has given,” Psalm 105:5*
3. “Thankful for” is a new focus exercise.  
*“And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise.” Philippians 4:8*
4. “Thankful for” is a process of making our minds new!  
*“Don’t copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God’s will for you, which is good and pleasing and perfect.” Romans 12:2*

## D. “Thankful for”...

Psalm 103

*<sup>1</sup> Let all that I am praise the LORD; with my whole heart, I will praise his holy name.*

- <sup>2</sup> Let all that I am praise the LORD; may I never forget the good things he does for me.*
- <sup>3</sup> He forgives all my sins and heals all my diseases.*
- <sup>4</sup> He redeems me from death and crowns me with love and tender mercies.*
- <sup>5</sup> He fills my life with good things. My youth is renewed like the eagle’s!*
- <sup>6</sup> The LORD gives righteousness and justice to all who are treated unfairly.*
- <sup>7</sup> He revealed his character to Moses and his deeds to the people of Israel.*
- <sup>8</sup> The LORD is compassionate and merciful, slow to get angry and filled with unfailing love.*
- <sup>9</sup> He will not constantly accuse us, nor remain angry forever.*
- <sup>10</sup> He does not punish us for all our sins; he does not deal harshly with us, as we deserve.*
- <sup>11</sup> For his unfailing love toward those who fear him is as great as the height of the heavens above the earth.*
- <sup>12</sup> He has removed our sins as far from us as the east is from the west.*
- <sup>13</sup> The LORD is like a father to his children, tender and compassionate to those who fear him.*
- <sup>14</sup> For he knows how weak we are; he remembers we are only dust.*
- <sup>15</sup> Our days on earth are like grass; like wildflowers, we bloom and die.*
- <sup>16</sup> The wind blows, and we are gone—as though we had never been here.*
- <sup>17</sup> But the love of the LORD remains forever with those who fear him. His salvation extends to the children’s children <sup>18</sup> of those who are faithful to his covenant, of those who obey his commandments!*
- <sup>19</sup> The LORD has made the heavens his throne; from there he rules over everything.*
- <sup>20</sup> Praise the LORD, you angels, you mighty ones who carry out his plans, listening for each of his commands.*
- <sup>21</sup> Yes, praise the LORD, you armies of angels who serve him and do his will!*
- <sup>22</sup> Praise the LORD, everything he has created, everything in all his kingdom. Let all that I am praise the LORD.*

## E. “Thankful for”...

### 1. For life.

*“You will show me the way of life, granting me the joy of your presence and the pleasures of living with you forever.”*

*Psalm 16:11*

### 2. For someone in your life.

*How we thank God for you! Because of you we have great joy as we enter God’s presence.” 1 Thessalonians 3:9*

### 3. For Jesus.

*“Thank God for this gift too wonderful for words!”*

*2 Corinthians 9:15*

### 4. For family love.

*“Love each other with genuine affection, and take delight in honoring each other.” Romans 12:10*

### 5. For people in your life.

*“Every time I think of you, I give thanks to my God.”*

*Philippians 1:3*

### 6. For God’s provision in your life.

*“When you have eaten your fill, be sure to praise the LORD your God for the good land he has given you.”*

*Deuteronomy 8:10*

*“I give you thanks, O LORD, with all my heart; I will sing your praises before the gods. <sup>2</sup> I bow before your holy Temple as I worship. I praise your name for your unfailing love and faithfulness; for your promises are backed by all the honor of your name.” Psalm 138:1-3*

### 7. For His rich blessings.

*“Enter his gates with thanksgiving; go into his courts with praise. Give thanks to him and praise his name. <sup>5</sup> For the LORD is good. His unfailing love continues forever, and his faithfulness continues to each generation.” Psalm 100:4-5*

### 8. For all His blessings.

*“But the love of the LORD remains forever with those who fear him. His salvation extends to the children’s children <sup>18</sup> of those who are faithful to his covenant, of those who obey his commandments!” Psalm 103:17-18*

### 9. For friends.

*“The heartfelt counsel of a friend is as sweet as perfume and incense.” Proverbs 27:9*

*“As iron sharpens iron, so a friend sharpens a friend.”*

*Proverbs 27:17*

*“There is no greater love than to lay down one’s life for one’s friends.” John 15:13*

### 10. For parents.

*“Honor your father and mother. Then you will live a long, full life in the land the LORD your God is giving you.”*

*Exodus 20:12*

### 11. For...just because you are blessed.

*“All praise to God, the Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly realms because we are united with Christ.” Ephesians 1:3*

*“From his abundance we have all received one gracious blessing after another.” John 1:16*

### 12. For all you have.

*“I will praise you, LORD, with all my heart; I will tell of all the marvelous things you have done.” Psalm 9:1*

*“Let your roots grow down into him, and let your lives be built on him. Then your faith will grow strong in the truth you were taught, and you will overflow with thankfulness.”*

*Colossians 2:7*

### 13. For God’s rich gifts.

*“Whatever is good and perfect is a gift coming down to us from God our Father, who created all the lights in the heavens. He never changes or casts a shifting shadow.”*

*James 1:17*

### 14. For children.

*“Children are a gift from the LORD; they are a reward from him.” Psalm 127:3*

### 15. For steadfast and unfailing love.

*“Give thanks to the LORD, for he is good! His faithful love endures forever. Let them praise the LORD for his great love and for the wonderful things he has done for them.”*

*Psalm 107:1,8*

### 16. For today.

*“This is the day the LORD has made. We will rejoice and be glad in it.” Psalm 118:24*

### 17. For the privilege of giving thanks.

*“that I might sing praises to you and not be silent. O LORD my God, I will give you thanks forever!” Psalm 30:12*

### 18. For music and song.

*“Let the message about Christ, in all its richness, fill your lives. Teach and counsel each other with all the wisdom he gives.*

*Sing psalms and hymns and spiritual songs to God with thankful hearts.” Colossians 3:16*

### 19. For the opportunity to tell others.

*“Give thanks to the LORD and proclaim his greatness. Let the whole world know what he has done.” Psalm 105:1*

### 20. For being wonderfully made.

*“Thank you for making me so wonderfully complex! Your workmanship is marvelous—how well I know it.” Psalm 139:14*

### 21. For the joy of salvation!

*“God saved you by his grace when you believed. And you can’t take credit for this; it is a gift from God.” Ephesians 2:8*

## *Your assignment for the second week is:*

- 1) Write a note of Thanksgiving to two people who have blessed your life! Let them know why you are writing to them, tell them specifically how they have blessed your life, and thank them for being faithful!
- 2) Practice letting “thanks” be the first words you express when you wake up...even before coffee!!